



Positive Impact



Impact Players Holiday Baseball Clinic Series

EXCLUSIVE OPPORTUNITY: Spots are Limited

MAXIMIZE YOUR HOLIDAY BREAK, BE READY TO SUCCEED



Undeniable Programming!

Undeterred Access!

Uninterrupted Training!

Unbelievable Results!!!



Week 1 BOOT CAMP: Dec. 6 to Dec. 10

Lead Trainer Andy Hennebelle and Special Guest Trainer Marine Capt. Garret Glazier will prepare you for the challenges that lie ahead. Morning Strength, Speed & Agility will be paired with Mobility and Conditioning exercises to get you ready to Train Hard and Thrive.

Former professional and long-time head coach John Love will lead our Hitting Readiness Series and College Pitching & Catching Coach Nick Wagner will lead our Throwing Progressions every afternoon.

Week 2 PITCHER / CATCHER RAMP-UP: Dec. 13 to Dec. 17

Complementing our Morning Training sessions, Highly Regarded Pitching Expert Dave Coggin and Rising Star Nick Wagner will prepare our Pitchers and Catchers every afternoon with a week-long series to develop Arm & Body Care, Arm Strength and On-Field Success.

Week 3 PITCHER vs. HITTER: Dec. 20 to Dec. 23

Time to EAT, Time to COMPETE!!!

Pitchers, Catchers and Hitters will compete all week long in a series of Skills & Drills as well as LIVE COMPETITION so that our players have every advantage over their competition this SPRING.

- Dave Coggin "Pocket Path" Throwing Concepts
- Competitive "Warrior Mentality" Bullpen Sessions
- Live Game Action (on an ACTUAL field)
- Hitting "CAGE WARS" with Pride & Prizes on the line



For Registration Details and Pricing, Call 626-590-7728 or email mack@pi-players.com



Positive Impact



Positive Impact is an all-inclusive environment for total athletic development and college readiness!

- **Limited Clinic Roster Size** for maximum playing time to get you the reps you need
- **Be Prepared** for January Tryouts, Practice, & Spring Pre-Season
- Dorms, Dining and Athletic Training for your **One-Stop Shop for Baseball Development**
- **Professional Coaching Staff** run by 2018 California Coach of the Year Mack Paciorek
- **Strength, Speed & Agility** powered by SoCal's TOP Trainers & Coaches
- **Special Guest Speakers/Trainers** = Top Performance Advice from around the US

2020 Holiday Clinic Series Daily Schedule

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|-------------|--|
| 8am | Breakfast (Boarding option only) |
| 9am to 11am | Warm-up (Trigger Point and Deep Tissue Activation Rollout) Dynamic/Functional Movement/Ladders PFA Explosive Strength Program (except Wednesday Speed Day) |
| 11am to 1pm | Post-Workout Shake, Mental Game Talk, LUNCH |
| 1pm to 3pm | On-Field / Indoor Facility Baseball Workouts |
| 3pm to 4pm | Extra Work |
| 5pm | Dinner (Boarding option) |
| 7 to 9pm | Nighttime Activity |



SATURDAYS or SUNDAYS will feature SoCal activities for boarders registered for consecutive weeks

WEEK ONE PRICING: Limit: 10 Pitchers, 5 Catchers, 5 Position Players
BOARDING: \$1,500.00 per week
Non-Boarding: \$ 750.00 per week

WEEK TWO PRICING: Limit: 10 Pitchers, 5 Catchers, 5 Position Players
BOARDING: \$1,500.00 per week
Non-Boarding: \$ 750.00 per week

WEEK THREE PRICING: Limit: 10 Pitchers, 5 Catchers, 5 Position Players
BOARDING: \$1,500.00 per week
Non-Boarding: \$ 750.00 per week

BOARDERS: Attend ALL 3 weeks, \$4,000 cost (save \$500)

Non-Boarders: Attend ALL 3 weeks, \$2,000 cost (save \$250)



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